



How the NDIS can help

Easy Read fact sheet



ndis

[ndis.gov.au](https://www.ndis.gov.au)

How to use this fact sheet



The National Disability Insurance Agency (NDIA) wrote this fact sheet.

When you see the word 'we', it means the NDIA.



We wrote this fact sheet in an easy to read way.

We use pictures to explain some ideas.

Bold

Not bold

We wrote some important words in **bold**.

This means the letters are thicker and darker.



We explain what these words mean.

There is a list of these words on page 16.



This is an Easy Read summary of another fact sheet.

This means it only includes the most important ideas.



You can find the other fact sheet on the NDIS website.

www.ndis.gov.au/resources



You can ask for help to read this fact sheet.

A friend, family member or support person may be able to help you.

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About the NDIS



The National Disability Insurance Scheme is a way the Australian Government supports people with disability.

We call it the NDIS.



The NDIS can pay for **participants** to get support.



Participants are people with disability who take part in the NDIS.



The NDIS can also connect other people with disability with supports in their community.

NDIS partners



The National Disability Insurance Agency runs the NDIS.

We call it the NDIA.



The NDIA decides who can use the NDIS.

We follow the laws that tell us:

- who can take part
- what supports we can pay for.



We work with **NDIS partners** to support people with disability.

NDIS partners are people who help others find and use services.



Local area coordinators are one type of NDIS partner.

A local area coordinator is someone who helps people with disability find and use supports.



You find out more about local area coordinators on the NDIS website.

www.ndis.gov.au/lac-partners-community



Early childhood partners are another type of NDIS partner.

An early childhood partner is someone who supports children with disability and their families.



They also support children with **developmental delay**.



When a child has a developmental delay, they might not grow or develop in the same time as other children of the same age.

This means they may need lots of extra help to do everyday things.



You can find out more about early childhood partners on the NDIS website.

www.ndis.gov.au/early-childhood-partner

Supports in your community



The NDIS can connect you with supports in your community.

The NDIS can also help you if you:



- are not a participant



- have a disability.



The NDIS can help your:

- family
- carers.



The NDIS can give you information about supports in your community.

It can connect you with **peer support** groups.



Peer support is when people use experiences they share to:

- feel connected
- help each other.



The NDIS might connect you with other:

- community supports
- **mainstream supports.**



Mainstream supports are from other parts of the government.

For example, health and education services.



Everyone can use mainstream supports.



NDIS partners can help you find supports you need in your community.



When a local area coordinator helps you find supports, we call them ‘community connections’.



When an early childhood partner helps you find supports, we call them ‘early connections’.



You can find out more about supports on the NDIS website.

improvements.ndis.gov.au/help-making-connections

Funding for NDIS supports



We will decide if you can be an NDIS participant.

Participants get **funding** for NDIS supports.



Funding is the money from your **NDIS plan** that pays for the supports you need.

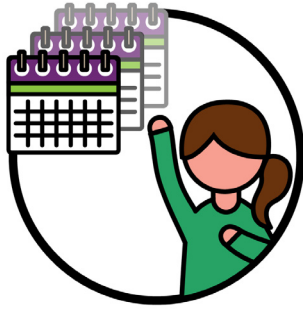


Your NDIS plan is a document that has information about:

- you and your goals
- the supports you need
- the funding the NDIS will give you.



When you become a participant, we work with you to create your plan.



You can be a participant if you have a disability that:

- will last a long time
- affects your daily life.



You can only get funding for things you need because of the ways your disability affects you.

NDIS supports can include:



- services



- equipment.



You can use your funding for the NDIS supports in your plan.

You can choose:



- when you get support



- who you get support from.



We might also give you funding if you show us that getting support now will mean you will need less support later in life.



You can find out more about how to apply to become a participant on the NDIS website.

www.ndis.gov.au/how-apply



You can find out more about what NDIS supports we can give you funding for on the NDIS website.

ourguidelines.ndis.gov.au/reasonable-and-necessary

How to get started with the NDIS



You can contact us to get started with the NDIS.

You can also contact an NDIS partner.



Our contact details are on page page 15.



If you contact us, we can connect you with an NDIS partner who can help you.

We call them your my NDIS contact.



Your my NDIS contact is a support person who you have a lot of contact with.



We will talk with you about:

- your goals
- what supports you want.

We can help you:



- connect with supports in your community



- apply to become a participant.



After you have a my NDIS contact, you don't need to contact us again.

Your my NDIS contact can help you.

More information

For more information about this fact sheet, please contact us.



You can call us.

1800 800 110



You can send us an email.

enquiries@ndis.gov.au



You can visit one of our offices in person.

You can find an office near you on the NDIS website.

www.ndis.gov.au/contact/locations

Word list

This list explains what the **bold** words in this fact sheet mean.



Developmental delay

When a child has a developmental delay, they might not grow or develop in the same time as other children of the same age.

This means they may need lots of extra help to do everyday things.



Early childhood partner

An early childhood partner is someone who supports children with disability and their families.



Funding

Funding is the money from your NDIS plan that pays for the supports you need.



Local area coordinator

A local area coordinator is someone who helps people with disability find and use supports.



Mainstream supports

Mainstream supports are from other parts of the government.

For example, health and education services.



NDIS partners

NDIS partners are people who help others find and use services.

NDIS plan



Your NDIS plan is a document that has information about:

- you and your goals
- the supports you need
- the funding the NDIS will give you.



Participant

Participants are people with disability who take part in the NDIS.

Peer support

Peer support is when people use experiences they share to:

- feel connected
- help each other.



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Notes





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