

Your Life Your Choice

Greater choice and control for people with disability

Your Life Your Choice is Queensland's approach to self-directed support for people with disability.

Self-directed support

Self-directed support gives people with disability and their families greater choice and control over the disability supports and services they receive, who delivers them and when.

Providing people with greater choice and control is a key part of the National Disability Insurance Scheme (NDIS).

Greater choice and control

A person with disability can now choose between receiving disability supports and services through:

1. **Your Life Your Choice self-directed support** – where they can plan, purchase and manage their disability supports and services by either:
 - a) working with a host provider or
 - b) receiving funding directly from Disability Services into their bank account
2. **a traditional model** – where their supports and services are managed and delivered by a service provider or by the department.

Criteria for self-directing

If a person with disability currently receives individual and recurrent funding from Disability Services and the support needed is not for an emergency or crisis situation, they may be able to self-direct their disability supports and services.

Supports and services that can be purchased

When self-directing under Your Life Your Choice, a person with disability can buy disability services and supports for which they have been assessed — this assessment is done by Disability Services.

The supports and services must be for their benefit, to assist with their disability and must align with the goals and priorities in their support plan.

Choosing to work with a host provider

A person can choose to work with a host provider to assist with some or all of the responsibilities of planning, buying and managing their disability supports and services. This depends on the level of responsibility that a person is comfortable with.

Direct payments

Alternatively, a person can choose to receive direct payments from Disability Services into their bank account. They then have all the choice and control to plan, organise and buy their disability supports and services to meet their individual needs.

In doing this, they also take on responsibility for planning, administering and managing these payments, including reporting back to Disability Services on what they have purchased.

More information

Your Life Your Choice

www.communities.qld.gov.au/disability/key-projects/your-life-your-choice

phone: 13 QGOV (13 74 68)

Disability Services regional service centres

www.communities.qld.gov.au/disability/contact-us/disability-services-regional-offices

Disability Services online

www.qld.gov.au/disability

National Disability Insurance Agency

www.ndis.gov.au

Phone: 1800 800 110